

**M.A. IN PSYCHOLOGY (MAPC)**

**Term-End Examination**

**December, 2012**

**MPCE-021 : COUNSELLING PSYCHOLOGY**

*Time : 2 hours*

*Maximum Marks : 50*

*Note : All questions carry equal marks. Answer any five questions. Each question is to be answered in about 500 words.*

1. Describe the different stages in the counselling process. 10
2. Discuss the six basic techniques of psychoanalytic therapy. 10
3. Enumerate the principles of solution focussed brief therapy. 10
4. What do you mean by depression? Explain the psychological causes of depression. 3+7=10
5. Explain the cluster C personality disorders. 10
6. Describe the various treatments for Gender Identity Disorder. 10

7. What are the types of eating disorder? Explain the rising incidence of eating disorder in India in the light of Cultural Theories. **7+3=10**
8. Discuss the importance of vocational counselling in the current socio-economic context. **10**
9. Critically discuss the aims of HIV/AIDS Counselling. **10**
10. Write short notes on *any two* of the following : **5x2=10**
- (a) Self disclosure
  - (b) Transference and counter transference
  - (c) Difference between counselling and psychotherapy.
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